

# What Can Go In Your Organics Cart?

## ✓ All Food (Raw & Cooked):

- plate scrapings
- fruit and vegetables, including pits—remove stickers and put them in your garbage
- meat, poultry, and bones
- fish, seafood, shellfish, and shells
- bread, grains, pasta, rice, and cereal
- pastries, cookies, cakes, and muffins
- eggs and eggshells
- cheese, sour cream, and dairy products
- cooking oil, fats, and grease—soak liquids in paper towel or allow to solidify before adding to the cart
- condiments, sauces, gravy, and jams

## ✓ Food-Soiled Paper:

- used paper plates
- greasy/dirty pizza boxes (clean boxes can go into recycling)
- food-soiled paper packaging (e.g. paper take-out containers without wax or plastic lining)
- newspaper holding food scraps
- coffee grounds, filters, and tea bags
- food-soiled paper towels and napkins
- used tissue (e.g. Kleenex)
- used paper towel

## ✓ Yard Waste:

- leaves, cones, needles, and berries
- plants, tree fruits, and flowers
- small branches, twigs, and prunings no larger than 30 cm in length (1 foot) and 2 cm in diameter (~1 inch)
- grass clippings and weeds (**note:** no noxious weeds, such as knapweed, or invasive plants—take these to the landfill for free; for a list of noxious weeds and invasive plants, visit [Kamloops.ca/InvasiveSpecies](http://Kamloops.ca/InvasiveSpecies))
- potting soil and untreated mulch
- hay, straw, and coconut planter liners

## ✓ Pet-Related Waste:

- animal bedding from pet cages (hamsters, guinea pigs, birds, etc.)
- pet fur, hair, and feathers
- pet food and treats

## ✓ Other Items:

- wood shavings—must be placed and secured in a paper bag
- wood popsicle sticks, chopsticks, skewers, and toothpicks



# What Can't Go In Your Organics Cart?



## NO plastic bags or bin liners

Plastic bags, packaging, and soft plastics can be taken to a Recycle BC depot.



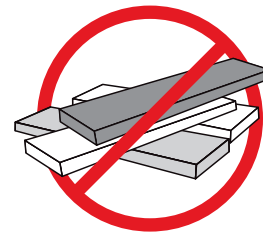
## NO straws, twist ties, or elastic bands

These items belong in the garbage.



## NO compostable or biodegradable plastics

Compostable plastics go in the garbage. Even if the bag is labelled as compostable, it is NOT accepted in our program. Items marked as "compostable" or "biodegradable" do not fully break down in the composting facility and leave behind small pieces of plastic. Contamination reduces the quality of the finished compost.



## NO painted or treated wood

These items can be recycled at City landfills. This includes pressure-treated wood, manufactured wood (plywood, particle board, oriented strand board [OSB], wood paneling, and furniture), wood, bamboo, and wicker.



## NO plastic plates or cutlery

These items belong in the garbage. This includes plastic plates; plastic spoons, forks, and knives; and compostable plastic takeout containers (cups, plates, bowls, utensils, etc.).



## NO clothing, textiles, or fabrics

These items can be donated in textile bins. This includes clothes, fabric, linens, cushions, and pillows.



## NO diapers or personal hygiene items

These items belong in the garbage. This includes cleaning wipes, cotton swabs/Q-tips, diapers, wipes (baby wipes, cosmetic wipes, etc.), tampons, applicators, sanitary napkins and menstrual pads, and cotton balls.



## NO food or beverage packaging

*(except food-soiled paper containers as noted in accepted items)* These can be rinsed and recycled in your recycling cart or at a depot. This includes coffee cups, meat trays, metal food cans, plastic containers and tubs, plastic bottles, and jars.



## NO rocks or dirt

Rocks and dirt can be taken to City landfills. Loads must be free of any contaminants such as garbage, branches, and construction waste.



## NO styrofoam cups and containers

Styrofoam cups, containers, plates, and packaging materials can be taken to a Recycle BC depot.



## NO animal waste

Items such as pet feces and cat litter belong in the garbage.