

WHAT TO DO IF YOU ARE PRICKED BY A NEEDLE:

1. Wash the pricked area with soap and water right away.
2. Visit your doctor or the nearest emergency room for medical attention.

While being pricked by a needle can be frightening, it's important to know that the risk of contracting diseases such as tetanus, HIV, or Hepatitis B or C is very low.

i

Everyday household items can be used to safely dispose of needles and sharps.



IF YOU FIND A NEEDLE & WISH TO DISPOSE OF IT SAFELY:

1. Do not try to place the cap on needle.
2. Pick up the needle with extreme care using **work gloves, tongs, or tweezers. DO NOT pick it up by the point.**
3. Hold the needle point away from you.
4. Place the need in a **sharps container** (list of accessible public containers inside). Alternatively, place the needle in a **metal or thick plastic container and replace the cap/lid securely.**
5. Dispose of the container by bringing it to your local pharmacy or harm reduction service location.
6. Wash your hands thoroughly with soap and water.

KEEPING OUR COMMUNITY SAFE FOR EVERYONE

i

Safe disposal sharps containers are located around the city. Find one near you at [Kamloops.ca/maps](https://kamloops.ca/maps).



The agencies listed below are available to collect improperly discarded needles.

Overdose Prevention Team

778-257-1292

Downtown CAP Team

250-572-3009

City of Kamloops - Report an Issue

250-828-3461

City of Kamloops Bylaw Services

250-828-3409

What to do if You Find Needles or Sharps



Canada's Tournament Capital

[Kamloops.ca](https://kamloops.ca)

Area of Town	Location	Address	Specific Location
Downtown	Crossroads Inn	569 Seymour Street	outside building
Downtown	Heritage House	100 Lorne Street	inside washroom accessed on the outside of building
Downtown	Memorial Arena	740 Victoria Street	inside family washroom
Downtown	Memorial Arena	740 Victoria Street	outside building on the west side
Downtown	Pioneer Park	40 7th Avenue	outside washrooms near men's entrance
Downtown	Pioneer Park	40 7th Avenue	inside washrooms
Downtown	Prince Charles Park	1145 Nicola Street	inside washrooms
Downtown	Riverside Park	100 Lorne Street	inside washrooms by tennis court
Downtown	Riverside Park	100 Lorne Street	outside washrooms by tennis court
Downtown	Riverside Park	100 Lorne Street	inside beach washrooms
Downtown	Sandman Centre	300 Lorne Street	inside washrooms on lower level
Downtown	Sandman Centre	301 Lorne Street	inside washrooms - south concourse
Downtown	Sandman Centre	302 Lorne Street	inside washrooms - north concourse
Downtown	Sandman Centre	301 Lorne Street	inside men's washroom on 3rd floor
Downtown	Victoria Street Mini-Storage	48 Victoria Street West	outside building on east side
Downtown	Yacht Club and Horseshoe Pits	1140 River Street	inside washrooms
North Shore	ASK Wellness	433 Tranquille Road	back of building in alley
North Shore	Aviation Way	end of Aviation Way	inside washroom
North Shore	IDA Pharmacy	535 Tranquille Road	outside building in the alley
North Shore	John Tod Centre	150 Wood Street	outside building by stairs under covered area
North Shore	John Tod Centre	150 Wood Street	inside washroom in foyer
North Shore	John Tod Centre	150 Wood Street	outside of building
North Shore	McArthur Island	1655 Island Parkway	inside washrooms on centre pathway
North Shore	McDonald Park	501 McDonald Avenue	outside washrooms by dog park
North Shore	McDonald Park	501 McDonald Avenue	outside washrooms by playground
North Shore	McDonald Park	501 McDonald Avenue	inside washrooms by playground
North Shore	McDonald Park	501 McDonald Avenue	inside washrooms by spray park
North Shore	Overlanders Bridge		under bridge on north side
North Shore	Overlander Park	247 Kitchener Crescent	inside washroom
North Shore	Parkview Activity Centre	500 McDonald Avenue	outside of building (grassy area by the back parking lot)
North Shore	Richmond Park	601 Richmond Avenue	inside washroom
North Shore	Rivers Trail	end of Mayfair Street	start of Rivers Trail
North Shore	Singh Street Soccer Bowl	1615 Ord Road	inside washrooms
North Shore	Speedy Glass	505 Tranquille Road	outside building
North Shore	Spero House	317 Tranquille Road	outside building on south side
North Shore	Sport and Event Centre	1655 Island Parkway	on post near pedestrian bridge
North Shore	Sport and Event Centre	1655 Island Parkway	inside washrooms near the river
North Shore	Sport and Event Centre	1655 Island Parkway	inside washrooms accessed outside the building by the skate park
North Shore	Sport and Event Centre	1655 Island Parkway	inside washrooms on both levels
North Shore	Wilson House	115 Tranquille Road	behind community garden near entrance to river
North Shore	Yew Park	514 MacKenzie Avenue	corner of Yew Street and McKenzie Avenue
Valleyview	Valleyview Centennial Park	2288 Park Drive	inside washrooms